



The Greensboro Swimming Association provides a broad range of flexible swim programs for athletes of every age. GSA programs focus on age-appropriate technique and conditioning to help athletes develop the stroke skills plus the physical strength needed to be versatile, successful, well-rounded, long-term swimmers.

- GSA’s training schedules are completely flexible. Swimmers may choose to attend any or all of their assigned groups’ practices on a day-to-day basis. No advance notice is needed. No annual contract is required. No secondary facility membership fees are necessary.
- Swimmers may elect to drop out for complete calendar months with no penalty. No annual contract is required. Just notify the GSA office by the 20th of the prior month for drop out and drop in. Fees are not pro-rated for partial months.
- Families with more than one swimmer receive a discount on Training Fees: 10% for second sibling, 20% for third sibling, 30% for each additional sibling.
- GSA calendar quarters are Sept.-Oct., Nov.-Jan., Feb.-Apr., and May-Jul. Families who drop out for complete calendar quarters do not pay Meet Facility and Pool Equipment Fees for that quarter. Fees are not pro-rated for partial quarters.
- Training Fees do not include meet participation entry fees and expenses which are charged separately as incurred.
- Invoice payments are due by the 20th of each month. A late fee of \$25 is applied per month for outstanding account balances.

Training Group	Training Goals	Swimmer’s Personal Goals	Available practices per week	Monthly training fee
Stroke School	Basic stroke fundamentals for beginning swimmers	Learn to swim, gain confidence in the water	6	\$50
Yellow	Stroke technique, introduction to physical conditioning and local competition	Become a capable, confident swimmer	6	\$65
White	Stroke technique and conditioning, introduction to racing strategies	Become a capable, confident competitive swimmer	6	\$75
Red	Stroke techniques, racing strategies and specific conditioning for committed age group swimmers	Committed year-round swimming at local and state levels	6	\$90
Blue	Advanced stroke techniques, racing strategies and specific conditioning for committed age group swimmers	Serious year-round competition at local, state and regional levels	6	\$110
Bronze	Advanced stroke techniques, racing strategies and specific conditioning for swimmers, age 13+	Cross training, swim during High School and summer seasons, compete in USA Swimming meets as desired	6	\$110
Silver	Advanced stroke techniques, racing strategies and specific conditioning for committed competitive swimmers, age 13+	Serious year-round competition at local, state and regional levels; college swimming preparation	6	\$120
Gold	Advanced stroke techniques, racing strategies and specific conditioning for dedicated, focused swimmers. Coach selection required.	Full time, year-round competition at state, regional, national, and international levels; college swimming preparation	9+	\$150

Training Group	One Time Annual Fees per swimmer		11X per year (Sep-Jul) per swimmer	4X per year per family	3X per year per family	Monthly discounts per swimmer	
	GSA Registration	USA Swimming Membership (Mandatory)	Training Fees	Meet Facility and Pool Equipment Fees	GSA Meet Hospitality Fees	Monthly Drop In/ Drop Out Option	Monthly Sibling Discount 10%-20%30%
Stroke School	\$50	\$52	\$50	N/A	N/A	Y	Y
Yellow	\$50	\$52	\$65	N/A	\$15 if participate	Y	Y
White	\$50	\$52	\$75	\$30	\$15 if participate	Y	Y
Red	\$50	\$52	\$90	\$50	\$10	Y	Y
Blue	\$50	\$52	\$110	\$50	\$10	Y	Y
Bronze	\$50	\$52	\$110	\$30	\$15 if participate	Y	Y
Silver	\$50	\$52	\$120	\$50	\$10	N	Y
Gold	\$50	\$52	\$150	\$50	\$10	N	Y

GSA CODE OF CONDUCT: Coaches, swimmers, parents, and chaperones are encouraged to support their teammates and swimmers at practice as well as at competition. Working together as a team for the benefit of all individuals in GSA is an important part of the spirit and image of GSA. A positive image is paramount for GSA.

Practices and competitions are privileges of the program. They are forums to realize individual and team efforts for athletes and coaches. GSA swimmers are expected at all times to follow the verbal directions of the coaching staff. At no time will disrespectful attitudes be tolerated from any swimmer. Inappropriate communication, violence, theft, vandalism and/or the possession or use of alcohol, tobacco or any non-prescribed or illegal drug is intolerable. These behaviors are detrimental to the team and warrant strict disciplinary action, that may include membership termination.

Parents or guardians will refrain from engaging swimmers and coaches while on deck during practices and meets: all communications shall be scheduled during office hours so as not to detract from the experience of other swimmers.

Notes: Appeals of actions(s) taken by the Coaching Staff can be made to the Board of Directors during a regularly scheduled Board meeting. The Board is not required to act outside of regularly scheduled meetings unless deemed appropriate by the Board. It is understood that all families, while representing GSA in any way, are expected to behave within the guidelines of the GSA Code of Conduct.

REGISTRATION: Each swimmer pays a \$50.00 annual Greensboro Swimming Association (GSA) Registration Fee. Each swimmer shall register with USA Swimming (USA-S) by paying a \$52.00 annual fee or providing a 2010 registration card. All monies must be paid and paperwork completed within 2 weeks of entering the program for swimmer(s) to continue to participate in the program. Past due accounts must be paid in full prior to registration for 2010 program year. Swimmers new to GSA/USA-S will complete the USA-S registration form which requires a copy of the swimmer's birth certificate. Swimmers who transfer from another USA-S club will complete an Application for Transfer.

DISCOUNTS: Families with multiple swimmers will receive the following discounts on monthly training fees: 10% for the second swimmer, 20% for the third swimmer, and 30% for the fourth and any additional swimmers. To compute the discount, the first swimmer is the athlete charged the highest fee.

TRAINING FEES: Monthly training fees are charged for eleven months – September through July. Invoices are mailed or emailed on or about the first of each month and are due upon receipt. Full payment is due no later than the 15th of the month and may be mailed to PO Box address shown on invoice, or by credit card payment online at GSAswim@GSAswim.org. **Please do not give payments to coaches.** A \$25.00 late fee is charged for fees and escrow charges not paid by the 20th of the month. The late fee will appear as an escrow charge and is immediately due and payable. Checks must be negotiable: a fee of \$25.00 will be charged for returned checks. Accounts must remain current for the swimmer(s) to participate in practices, meets, and activities. When a swimmer moves to another level as directed by the Coaching Staff, the difference in fees will be assessed or credited.

DROP IN/DROP OUT: The family has the responsibility to inform the GSA Business Manager, **in writing, by the 20th of the preceding month** that your child(ren) will not be swimming in the upcoming month. Please note that if you do not inform the GSA Business Manager by the designated deadline, you will be invoiced for the next month. The family also has the responsibility to inform the GSA Business Manager, in writing, by the 20th of the preceding month that your child(ren) wish to return to the program in the following month. **Please note that attendance on any day in one month mandates payment for that month.** Late notice of intent to drop out may incur a \$10 late notice fee. It is expected that the GSA Business Manager will be advised in writing when a swimmer or family is planning to leave the program or within 15 days of leaving the program, so that a final invoice may be prepared.

Written communications can include: E-mail to GSAswimbiz@GSAswim.org Fax to (336) 852-0548.

US Mail to Greensboro Swimming Association, P O Box 10085, Greensboro, NC 27404

MEET FACILITY & POOL EQUIPMENT FEES: These fees are used to offset capital improvements and expenditures as well as equipment maintenance and upgrades (e.g. lane ropes, starting blocks, backstroke flags and miscellaneous training equipment). Excluding Swim School, Stroke School and Yellow Group swimmer(s), this fee is assessed per family for each quarter in which their swimmer(s) are active in the program, and is based on the athlete active in the highest training group. White & Bronze: \$30/family/quarter. Red, Blue, Silver & Gold: \$50/family/quarter. Quarters are Fall (Sep-Oct), Winter (Nov-Jan), Spring (Feb-Apr), Summer (May-Jul). Attendance in any month of the quarter mandates payment of the full fee for that quarter.

HOME MEET FEES: GSA hosts 3-4 meets each year, usually OCT, FEB, and JUL. Fees are charged per family to subsidize the expense of providing hospitality for coaches, officials, and meet workers at these GSA hosted meets. A \$15.00 fee per GSA hosted meet is charged to families of swimmer(s) active in Yellow, White & Bronze groups, only if entered in the meet. A \$10.00 per GSA hosted meet fee is charged to families of swimmer(s) active in Red, Blue, Silver & Gold groups, whether entered in the meet or not.

ESCROW: Miscellaneous charges including meet entry fees, late payment fees, swim caps/team wear purchases, home meet fees & travel fees will be billed to your escrow account. The monthly invoice will indicate these charges, which are due when billed. Non-payment of this amount puts the account into arrears. Escrow accounts in arrears or with a debit balance for more than one month may prevent the entry of swimmer(s) into future meets until the past due balance is paid. GSA reserves the right to require an escrow credit balance be established and maintained.

MEET ENTRIES: Announcements will be emailed a few weeks prior to a meet in which your swimmer is eligible to swim. This announcement details the name of the meet, location, times of events and/or warm-ups and entry fees (these will be billed to your escrow account). For GSA hosted meets, all members currently registered with GSA (excluding Stroke School & Swim School) are eligible to enter. For Non GSA hosted meets, only swimmers active in the program during the month in which the meet occurs are eligible for meet entry. All meet entry fees include a \$15 fee for GSA Travel Fund to underwrite Coach travel expenses incurred attending meets.

It is your responsibility to notify the coaches, via email, on or before the "NON-participation" deadline if your swimmer(s) wish to participate. They will not otherwise be entered in the meet.

VOLUNTEER REQUIREMENTS: GSA is a non-profit organization and subsidizes its operating budget by hosting 3-4 swim meets each year. It is the responsibility of each family to volunteer at these meets. Additionally, each family must choose at least one committee to serve on throughout the year to provide an excellent swim team experience for all GSA athletes and families. Please complete the Volunteer Sign Up Form on the reverse of GSA Registration Form.